## CONFIDENTIAL QUESTIONNAIRE

0.1	Date	/ / 2016 (day) (month) (year)
FIEL	DWORKER DATA	
0.2	Name and Surnames:	Code: [ ]
	Signature:	
0.3	Start time: : :	

### VERBAL ASSENT / CONSENT

We have already asked you many questions, but there are some other things that we would like to ask. You may feel a little uncomfortable to talk about topics like cigarettes, alcohol, etc. Since we want to know what young people like yourself think, we don't need to know your name, that's why we created a questionnaire to be answered anonymously. It will take you about 15 to 20 minutes in a suitable environment, away from other people who might listen and with the security that the information is confidential.

Your participation will provide us important information on the problems and needs of different life aspects of young people like yourself.

The answers you give must be true, based on what you really think and/or do. There is no right or wrong answer. **If there is a question you don't want to answer, you can leave it blank**. If you don't understand a question or need help, you can ask the fieldworker who gave you this questionnaire. Once you have completed the questionnaire, put it in an envelope and close it, this way you will be sure that the fieldworker will not read your answers.

<u>Name</u>, your decision to participate is completely voluntary. This means that if you want you can participate and fill the questionnaire, and if you don't want there is no problem. Likewise, if you decide to participate and at some point you don't want to continue, you can stop, that will not affect you or your family.

\*Fieldworker ask and check: Do you have any questions?

Do you want to answer?

□ Yes □ No □ NK □ NA □ RTA

## Thank you for your participation

**Fieldworker:** I declare that I have complied with the process of informed Assent / Consent following the previous text.

Name: \_\_\_\_\_

Signature:

DNI: \_\_\_\_\_

Date: \_\_\_ / \_\_\_ / 2016 (day) (month) (year)

Final time: \_\_\_ : \_\_\_ :

YOUNG LIVES STUDY: IIN, GRADE SELF ADMINISTERED QUESTIONNAIRE – YOUNGER COHORT – PERU 2016	Format No: <b>R58YRS</b>	Child Code: PE 8	
Date: / / 2016 (SASTDAY/SASTMNT/SASTYEAR) (day) (month) (year)	Start	time:: _	(SASTTIME)
Age: (SACHAGE)	Sex:	☐ Female ☐ Male	(SACHSEX)

### PLEASE READ EACH QUESTION CAREFULLY AND CHOOSE ( $\checkmark$ ) THE ANSWER BOX THAT APPLIES TO YOU.

<u>Section 1</u> This part of the questionnaire is about smoking cigarettes.

1.	How many of your best friends smoke cigarettes at least once a month? Choose only <u>one</u> option	(FRNSMKR5)
	All of my friends	
	Most of my friends	
	A few of my friends	
	None of my friends	
	NK	
	🗌 RTA	
2.	For each, does the following person smoke? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.	
	Parents/guardians	(SMKPRNR5)
	<ul> <li>Parents/guardians</li> <li>Brothers/sisters</li> </ul>	(SMKPRNR5) (SMKSIBR5)
		· · · · · · · · · · · · · · · · · · ·
	Brothers/sisters	(SMKSIBR5)
	Brothers/sisters Boyfriend/girlfriend	(SMKSIBR5) (SMKBOYR5)
3.	<ul> <li>Brothers/sisters</li> <li>Boyfriend/girlfriend</li> <li>The best friend</li> </ul>	(SMKSIBR5) (SMKBOYR5)
3.	<ul> <li>Brothers/sisters</li> <li>Boyfriend/girlfriend</li> <li>The best friend</li> <li>None of them</li> </ul> How old were you when you tried a cigarette for the first time?	(SMKSIBR5) (SMKBOYR5) (SMKFRNR5)

15 years old
16 years old
17 years old
18 years old
19 years old
I have never tried a cigarette
NK

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	<ul> <li>NA</li> <li>RTA</li> </ul>		
4.	How often do you smoke cigarettes now? Choose only <u>one</u> option		(OFTSMKR5)
	☐ I never smoke cigarettes		
	<ul> <li>Every day</li> <li>At least once a week</li> </ul>		
	At least once a month		
	Hardly ever		
	□ NK		
5.	<ul> <li>RTA</li> <li>On the days you smoke, how many cigarettes do you usuall</li> <li>Choose only <u>one</u> option</li> </ul>	y smoke?	(NUMCIGR5)
	☐ I never smoke cigarettes		
	1 cigarette or less per day		
	2 to 5 cigarettes per day		
	6 or more per day		
	□ RTA		

**Section 2** We know that in many communities young people like yourself are beaten up or treated badly by other people. The first part of this questionnaire asks about things that have happened to you and your friends.

6.	During the last 30 days, on how many days did you carry a weapon such as a knife, may or gun to be able to protect yourself?			
	Choose only <u>one</u> option	(CRYWPNR5)		
	□ 1 day			
	□ 2 to 3 days			
	More than 4 days			
	Never			
	□ NK			
	🗌 RTA			
7.	How many of your best friends have been / are members of a gang?			
1.	Choose only one option			
	☐ All of my friends			

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	2010		
	Most of my friends		
	A few of my friends		
	□ None of my friends		
	NK		
	□ RTA		
8.	Have you ever been member of a gang? Choose only <u>one</u> option		
	□ No		
	NK		
	RTA		
9.	Have you been arrested by the police or taken into custor offense? Choose only <u>one</u> option	ody for an il	legal or delinquent
	□ No		
	NK		
	NA		
Ì	RTA		

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**Section 3** Many people in Peru drink alcohol like beer (Cristal, Cuzqueña, Arequipeña, Franca, etc.) or spirits like Pisco, whisky, cañazo, vino, masato or chicha de jora). The next questions ask you about your experiences with alcohol.

10	How many of your best friends drink alcohol at least once a month?	
	Choose only <u>one</u> option All of my friends	(FRNALCR5)
	Most of my friends	
	A few of my friends	
	None of my friends	
	L NA	
	RTA	
11.	How often do you usually drink alcohol?	
	Choose only <u>one</u> option	(YOUALCR5)
	Every day	
	At least once a week	
	At least once a month	
	Only on special occasions (for example, weddings, funerals, Christmas, New Year)	
	Hardly ever	
	I never drink alcohol	
	NK	
	□ RTA	
12	When you drink alcohol, how much do you usually drink per day?	
	Choose only <u>one</u> option	(MCHALCR5)
	I never drink alcohol	
	1 cup/glass or less	
	□ 2 cups/glasses	
	□ 3 cups/glasses or more	
	NK	
	□ RTA	
12	Have you ever been drunk from too much clocks?	
13.	Have you ever been drunk from too much alcohol? Choose only <u>one</u> option	(DRKALCR5)
	I never drink alcohol	
	Yes	
	No	

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□ NK			
□ NA			
🗌 RTA			

14. During the past 12 months, did these things happened to you because you had been drinking alcohol? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.			
I never drink alcohol	(ALCNVRR5)		
I got into fights or caused trouble	(ALCFGHR5)		
☐ I felt sick or fell over	(ALCSCKR5)		
None of these things happened to me	(ALCNONR5)		

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## 15. <u>HAVE YOU EVER</u> tried any of the following drugs? If you have, tick 'Yes' and if you haven't, tick 'No'. Write how old were you the first time you tried it.

¿ <u>HAVE YOU EVER</u> tried any of the following drugs?	Yes, many times	Yes, some times	Just one time	No, never	NK	NA	RTA	How old were yo when yo first trie it?
1. Inhalants (Terokal, gasoline, etc.)								years
2. Marijuana								years
3. Coca paste – PBC								years
4. Cocaine								 years
5. Ecstasy								years
6. Methamphetamines								years
7. Hallucinogens (san pedro, ayahuasca, etc.)								years
8. Other drugs (crack, heroin, opium, ketamine, hashish, etc.)								years

### Section 4

Many young people your age think a lot about sex. Some of you might already have had sex. Two people have intercourse when a man puts his penis inside a woman's vagina. The following questions are about sex and what you know about it.

## 16. For each of the statements below, decide if it is 'true' or 'false'. If you are not sure, choose 'I don't know'.

Statement	True	False	l don't know	NK	NA	RTA
A woman/girl cannot get pregnant the first time she has sex. (PRGFRSR5)						
If a girl washes herself after sex, she will not get pregnant. (WSHAFTR5)						
Using a condom can prevent you from getting a disease through sex. (USECNDR5)						
A person who looks very healthy cannot pass on a disease through sex. (LKSHLTR5)						
A person can get HIV or Aids by having sex. (HIVSEXR5)						

17.	Have you ever had sex education classes at school?
	□ No
	Yes
	□ NK

	NA
$\square$	RTA

**18**. The next questions are about whether you have read, heard and seen about family planning in the last few months.

In the last few months have you:	No	Yes	NK	NA	RTA
1. Heard about family planning on the radio?					
2. Seen anything about family planning on the television?					
3. Read about family planning in a newspaper or magazine?					
4. Read about family planning in internet?					

## 19. If you would want to get family planning professional advice and service, where would you most likely go? Choose only <u>one</u> option

$\square$	Government health facility	(MINSA.	ESSALUD.	Comité Local d	le Administración d	e Salud.	etc)
	Coronal in the and the additional in the second sec	(	,			o oanaa,	0.07

- Private health facility
- NGO (eg. INPPARES, Flora Tristán, Manuela Ramos, APROPO, etc)
- Pharmacy / drugstore
- I would leave it up to my boyfriend/girlfriend/spouse
- I don't need to go
- I would not know where to go
- NK
- NA NA
- RTA

## 20. If you would want to get a condom, where would you most likely go? Choose only <u>one</u> option

(WHRCNDR5)

Shop or street vendor
Pharmacy /Drugstore
Family planning services or health facility
I would ask to a family member
I would ask to my partner/spouse
Other, please say where:
I do not know what a condom is
I do not know where I could get a condom
NK
NA
RTA

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21	If you would want to get any contraceptive methods where would you go first?	
	Choose only <u>one</u> option	(WHRCNDR5)
	Shop or street vendor	
	Pharmacy /Drugstore	
	Family planning services or health facility	
	I would ask to a family member	
	☐ I would ask to my partner/spouse	
	Other, please say where:	
	I do not know what a contraceptive method is	
	I do not know where I could get it	
	NK	
	□ RTA	
22.	How many of your best friends have ever had sex?	
	Choose only <u>one</u> option	(FRDSEXR5)
	All of my friends	
	Most of my friends	
	A few of my friends	
	None of my friends	
	I don't know	
	□ NK	
	□ RTA	
23	Have you ever dated or had a romantic relationship with someone?	
	No	
	Yes, with one person	
	Yes, with more than one person	
	□ NK	
	🗌 RTA	
24	Have you ever been involved in kissing or petting/touching?	
	□ No	
	Yes, with one person	
	Yes, with more than one person	

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25.	How old were you when you had sex for the first time?	
	Choose only <u>one</u> option	(AGESEXR5)
	13 years old or younger	
	14 years old	
	□ 15 years old	
	□ 16 years old	
	17 years old	
	I have never had sex	
	NK	
	NA	
	□ RTA	
26	How many partners have you EVER had intercourse with? This includes any person y	ou had
20.	intercourse with, even if it was only once, or if you did not know him or her well.	ou nau
	Choose only <u>one</u> option	
	None	
	One	
	ПТwo	
	Four or more	

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27.		each of these birth-control methods, did you or your partner use this me	ethod the first time
	γοι	ı had sex? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.	
		I never had sex	(NVRSEXR5)
		We used a condom	(WEUSCNR5)
		Drink infusion or mate	(DRKINFR5)
		Use after morning pill	(MNGPLLR5)
		Use injections to prevent getting pregnant	(INJCTNR5)
		I don't know if use any method	(NOKNOWR5)
		We did not use any method	(NOTUSER5)
		Other method, please say what:	(OTHMTDR5)
28.		each of these birth-control methods, do you or your partner usually/ thod when you have sex? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.	currently use this
		I never had sex	(NVRSEXR5)
		We used a condom	(WEUSCNR5)
		Drink infusion or mate	(DRKINFR5)
		Use after morning pill	(MNGPLLR5)
		Use injections to prevent getting pregnant	(INJCTNR5)

☐ I don't know if use any method	(NOKNOWR5)
We did not use any method	(NOTUSER5)
Other method, please say what:	(OTHMTDR5)

# 29. For each of these birth-control methods, did you use this method the last time you had sex? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.

I never had sex	(NVRSEXR5)
We used a condom	(WEUSCNR5)
Drink infusion or mate	(DRKINFR5)
Use after morning pill	(MNGPLLR5)
Use injections to prevent getting pregnant	(INJCTNR5)
I don't know if use any method	(NOKNOWR5)
We did not use any method	(NOTUSER5)
Other method, please say what:	(OTHMTDR5)

30.	During your life, have you ever been drunk from alcohol while having sex?	
	Choose only <u>one</u> option	(DRKSEXR5)
	I never had sex	
	Yes, one time	
	Yes, more than one time	

No, never	
31. In how many instances of sexual relations did you or your partner use some form of birth control or pregnancy protection? <u>Choose only one option</u>	
I never had sex	
☐ All of them	
Most of them	
Some of them	
None	
RTA	
32. Would you say that using (or not using) contraception is mainly your decision, mainly you partner's/spouse's decision, or did you both decide together? <u>Choose only one option</u>	r
☐ I never had sex	
Mainly my decision	
Mainly my partner's/ spouse's decision	
Joint decision	
Other, please specify:	

## Section 5

This part of the questionnaire looks at sadness and other difficulties that many people experience at some point in their lives.

33. As you answer, think about how things have been for you in the last 6 months. It would be great if you could try to answer all the questions even if you are not sure of the answer or if the question seems stupid.

Statement	Certainly true for you	A little true for you	Not true for you	NK	NA	RTA
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1. You worry a lot. (WRYLOTR5)					
2. You get a lot of headaches, stomach aches or sickness. (HEADACR5)					
3. You are often unhappy, downhearted or tearful. (UNHPPYR5)					
4. You are nervous in new situations. (NRVSITR5)					
5. You have many fears, you are easily scared. (MNYFERR5)					

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## Section 6

We know that in many communities young people like yourself are beaten up or treated badly by other people. The first part of this questionnaire asks about things that have happened to you and to your friends.

34.	How many of your best friends have ever been beaten up? Choose only <u>one</u> option	(FRNBTNR5)
	All of my friends	
	Most of my friends	
	A few of my friends	
	None of my friends	
	NK	
	□ RTA	
25	For each of these following people, have you over been besten up or physically burt i	n othor
35.	For each of these following people, have you ever been beaten up or physically hurt i ways? 00=No, 01=Yes, 77=NK, 88=NA, RTA=79.	II OLIIEI
	Somebody from your family	(BFAMLYR5)
	Boyfriend/girlfriend	(BBYFRNR5)
	Stranger	(BSTRNGR5)
	Friend	(BFRNDR5)
	Teacher	
	Spouse/partner	
	Employer	
	☐ I have never been hurt physically	

36.	Did anyone of the following persons pass comments or label based on your body or character, ignored you or deliberately keep you out of activities, turn people against you, use humiliating/insulting language, lock you in room/toilet? You can choose <u>more than one</u> option	Yes	No	NK	NA	RTA
00	It never happened to me					
01	Boyfriend/girlfriend/partner/spouse					
02	Mother					
03	Father					
04	Brother					
05	Sister					
06	Other male relatives					
07	Other female relatives					

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	08	Male student from school					
	09	Female student from school					
ſ	10	Male teacher					
	11	Female teacher					
ſ	12	Other Known males					
	13	Other Known females					
ſ	14	Unknown male					
ſ	15	Unknown female					
ĺ	16	Other					

## Section 7

In this last part of the questionnaire we would like to ask about things that make you happy.

37.	at makes you happy? No, 01=Yes, 77=NK, 88=NA, RTA=79.		
	Being with my friends		
	Being with my family		
	Doing sports (for example, dancing, football)		
	Other, please say what:		

\*Please write the date and time you finished answering.

End date: \_\_\_ / \_\_\_ / 2016 (SAENDAY/SAENMNT/SAENYEAR) (day) (month) (year)

End time: \_\_\_\_: \_\_\_ (SAENTIME)

# Fold the questionnaire, put it in an envelope, seal it and give it to the fieldworker who gave it to you.

Thank you. You have helped with a very important survey for young people.